

# Change Table Checklist

- Nappies (disposable or Modern Cloth)
- Wipes
- Nappy rash cream
- Nappy sacks
- Moisturiser
- Hand sanitizer
- Face washer
- Little Eyes eye wipes
- Hair brush
- Nail clippers or scissors
- Cotton balls
- Thermometer
- Little Noses nasal drops and aspirator
- Cloth nappies (to mop up spills)
- Massage oil
- Change table covers
- Dummy or teething toy
- Spare onesie
- Disinfectant wipes (for cleaning change table)
- Nappy caddy
- Soft night light (for night changes)
- Bin or nappy pail
- Laundry basket
- Mobile or wall frieze (for distraction)

