



CHECKLIST

Starting Solids Essentials

Everything you could, or might possibly need for success.

EQUIPMENT

- Bibs
- Smock Bib
- Booster Seat
- High Chair
- Kids Cutlery
- Baby Spoons
- Sippy Cup
- Dispensing Spoon
- Snack Cup
- Suction Bowl
- Placemat
- High Chair Footrest



CLEAN UP

- Dishwasher Net
- Splat Mat
- Food Catcher
- Straw Cleaner



FOOD PREPARATION

- Baby Food Maker
- Food Blender
- Stick Blender
- Food Masher
- Cook Books
- Fresh Food Feeder
- Pouched Food



STORAGE SOLUTIONS

- Freezer Pods
- Storage Containers
- Reuseable Food Pouch
- Insulated Food Jars

